



OLMSTED  
MEDICAL  
CENTER

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Spring 2018  
**WorkingWell**  
The Newsletter of Occupational Health Services

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Meet our newest  
Occupational  
Health Services  
provider,  
**Jonathan M.  
Fields, MD!**

**Jonathan M. Fields, MD**

**College/Medical School:**

University of Iowa Carver College of Medicine - Iowa City, IA

**Residency:**

University of Iowa Hospitals & Clinics - Iowa City, IA

Dr. Fields grew up in southern Minnesota and received his BS from the University of Minnesota-Duluth. He spent ten years working in the IT industry prior to pursuing a career in medicine. He attended the University of Iowa for both medical school and residency. Dr. Fields is board certified in Occupational Medicine. He is also a Certified Independent Medical Examiner, Medical Review Officer, FMCSA

Medical Examiner, and Professional Audiometric Supervisor.

Dr. Fields formerly worked as the medical director of UnityPoint at Work providing onsite services to John Deere in Waterloo, Iowa. He spends his free time running, biking, and going on adventures with his wife and two kids.

Dr. Fields will be joining OMC on March 26, 2018.

**Click your Way  
to Care.**

OMC eCare offers patients access to an online diagnosis and treatment service for more than 20 common medical conditions.

[www.omcecare.org](http://www.omcecare.org)

Only  
**\$35**  
per visit

**Conditions treated with OMC eCare include:**

- |                             |                          |  |
|-----------------------------|--------------------------|--|
| Urinary Tract Infection     | Burns                    | Ingrown Toenail                        |
| Upper Respiratory Infection | Irritable Bowel Syndrome | Allergic Rhinitis                      |
| Yeast Infection             | Low Back Pain            | Diaper Rash                            |
| Conjunctivitis (Pink Eye)   | Acne                     | Lice                                   |
| Oral Sores                  | Tick Bites               | Pertussis (Whooping Cough)             |
| Eczema                      | Stye                     | Motion Sickness                        |
| Tinea (Ring Worm)           | Shingles                 | Gastroesophageal Reflux Disease (GERD) |
|                             | Tobacco Cessation        |  |



Contact OMC today to learn more about how OMC eCare can help your employees! Call 507.292.7206.

OMC eCare cannot be submitted to insurance, and payment via major credit card is required.

Working Well is a quarterly newsletter produced by Olmsted Medical Center's Occupational Health Services. To be added to or removed from our mailing list, contact us at 507.292.7144 or [occhealth@olmmed.org](mailto:occhealth@olmmed.org).



## OMC's After Hours Drug and Alcohol Program

Providing our business partners with superior access to services has been a priority for Olmsted Medical Center.

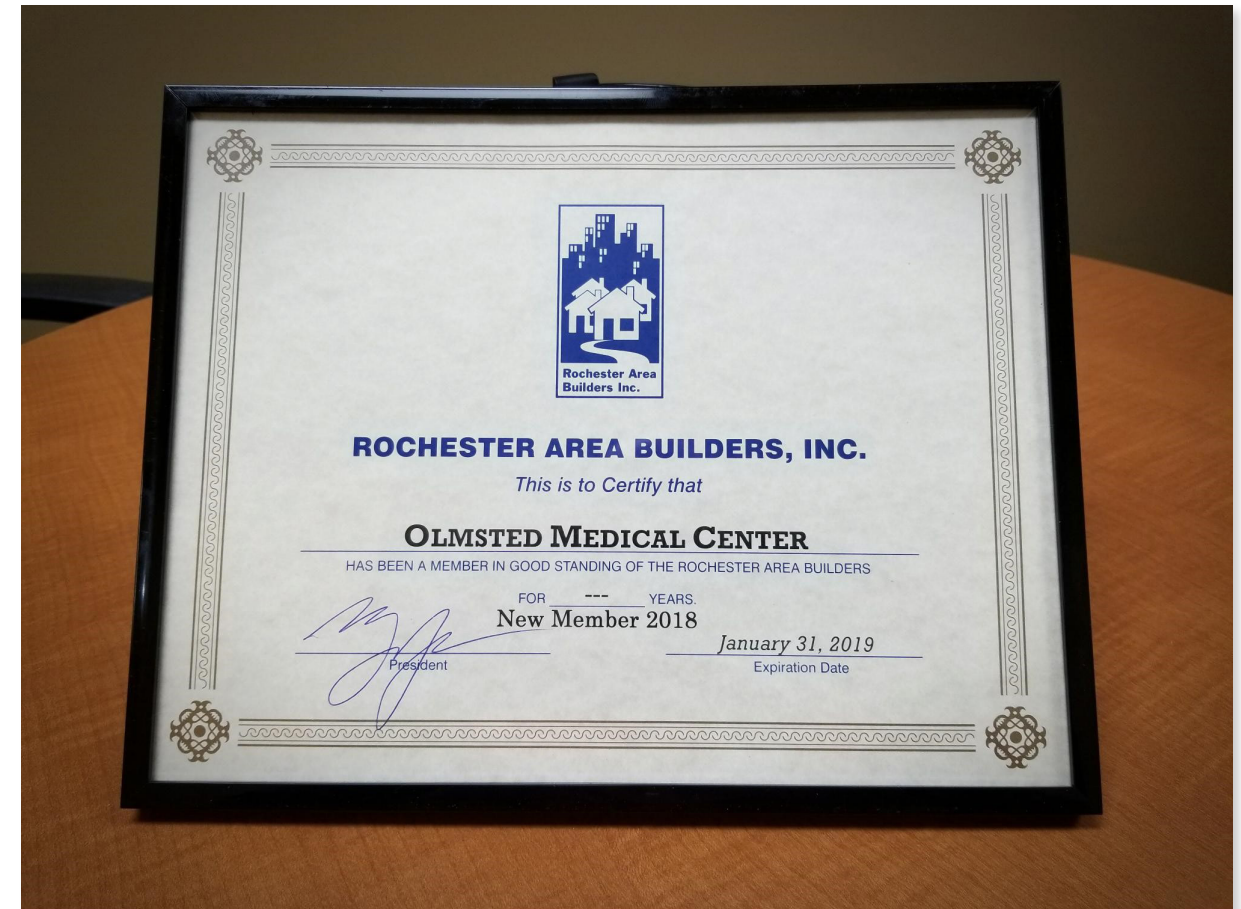
OMC once again offers 24/7 coverage for drug and alcohol testing for organizations in the Rochester area. OMC businesses that require a drug and alcohol screening between the hours of 7:01 PM to 6:59 AM and on weekends and holidays can receive services by going to Olmsted Medical Center – Hospital.

Day	Location
Monday–Friday (7:00 AM–7:00 PM)	Olmsted Medical Center— Rochester Southeast
Monday–Friday (7:01 PM–6:59 AM)	Olmsted Medical Center— Hospital (Emergency Department)
Weekends/Holidays	Olmsted Medical Center— Hospital (Emergency Department)

*Drug screens done afterhours, on weekends, or on holidays will be charged a drug and alcohol testing service fee of \$80.00. This fee will be in addition to the normal cost of the service(s) being performed.*



**Sign up for our electronic newsletter today!**  
E-mail [occhealth@olmed.org](mailto:occhealth@olmed.org) and provide your name and the e-mail address you would like the newsletter sent to.



## OMC joins Rochester Area Builders

On January 12, OMC became a proud member of the Rochester Area Builders (RAB) Association. OMC's Occupational Health Services provides services for many members of RAB, and we look forward to meeting other members to help keep their employees healthy and help employees return to work when injured.

*If you would like to learn more about OMC's Occupational Health Services, please call 507.292.7206.*